



BEAUTY &
WELLNESS

With a focus on health and wellness, Club Paradise Palawan has partnered with Above Aesthetics Clinic (AAC) under health advocate and cosmetic surgeon, Dr. Conrada Veruasa-Apostol, M.D., a member of the Asian Pacific Academy of Cosmetic Surgery, of the American Academy of Cosmetic Surgery, and of the American Academy of Aesthetic Medicine.

Indulge in a blissful journey to wellness and delight in pure pampering with Club Paradise Palawan's Beauty & Wellness program.

VISAGE

Stress Relief Facial

A relaxing facial combining oriental and western techniques which aims to open energy meridians that are usually blocked due to stress, this procedure relaxes the vital organs thus energizing the body and boosting the immune system. The treatment consists of acupressure massages of the chest, shoulders, upper arms, upper back, neck, scalp, ears and face. Lotion, consisting of organic collagen, vitamin E, lactic acid, hydrating toner and calamine lotion, is applied to nourish the face. Galvanic with ultrasonic gadget is used to aid in the absorption of the nourishment and to tone the facial skin. Toxins and impurities from the face and anterior neck are sucked out using a vacuum. Ice roller or cryo sticks are then used to close the pores. At the end of the treatment, one feels and looks refreshed.

Php 5,550 (45 minutes)

Facial Detox

An oriental technique of releasing toxins that cause aging, melasma breakouts, wrinkles, dryness, oiliness, acne, and psoriasis, this procedure consists of acupressure massages of the face, head, neck, and shoulder with sweeping movements toward the lymphatic drainage using bian stone, jade gua sha, or animal horn. Essential oil is applied to the face and neck while doing the lymphatic drainage massage of the areas.

Php 5,050 (30 minutes)

Please dial 147.

Rates are exclusive of 10% service charge

BODY RITUALS

Neck and Shoulder Rejuvenation

The treatment relaxes the muscle by manipulation through acupressure, electronic facial gun or other gadget that releases tightness. A lymphatic drainage using gua sha technique is then applied. This treatment helps alleviate headache, dizziness, fatigue, vertigo and insomnia.

Php 7,000 (45 minutes)

Tight Back and Shoulder Rejuvenation

The treatment works by relaxing the muscles through manipulation and deep acupressure to unblock energy meridians. This method and the use of a fascial gun, releases the fascia that envelopes the right muscles. After which, heat followed by cold application softens the tight muscles. This treatment can improve blood circulation and eliminate toxins, improve flexibility, promote good sleep and enhance the immune system.

Php 7,000 (45 minutes)

FOOT CARE

Foot Detox with Foot Reflex

This kind of detoxification releases toxins from the pores of the soles of the feet by soaking them in a basin of warm water with magnesium sulfate and essential oils, followed by a foot reflex. It involves pressure on the trigger points on the feet. Most of the toxins are lodged in the feet by gravity, which need to be eliminated by unblocking through deep acupressure.

Php 5,860 (60 minutes)

Please dial 147.
Rates are exclusive of 10% service charge